

← . . .continued from previous page



## Just Thinking . . .

I remember a song from a long time ago. Part of the lyrics were:

*"Don't know why there's no sun up in the sky; Stormy weather – Keeps rainin' all the time*

*Life is bare, gloom and misery everywhere; Stormy weather—*

*Just can't get my poor self together, I'm weary all the time*

*All I do is pray the Lord above will let me walk in the sun once more.*

*Can't go on, everything I had is gone—stormy weather."*

1933, written by Harold Arlen and Ted Koehler

If you are the type that lets Mother Nature determine how you feel, that song has been your theme song for the last several days. If you are among the thousands that have experienced damage from the storms that have been visiting Georgia, this could be your song, as well. I found an article on how our moods are impacted by weather.

"The most well-known effect of weather on mood is a medical condition called Seasonal Affective Disorder (SAD for short). People who suffer from SAD get very tired and depressed during the winter months. . . Of course, the further North of the equator you live, the shorter the days during winter and the more likely you are to have symptoms of SAD. SAD quite often runs in families.

Of course, SAD isn't the only way that your mood can be affected by weather. Some experiments show that peoples' moods change depending on how ionized the air around them is. Ionization is what happens to the air before or during a storm. One experiment found that most people became more grouchy when exposed to positive ions in the atmosphere. Another showed that people experienced emotion (good or bad, depending on what was happening to them) more intensely when the air was like that. If you compare police records with weather records it can be shown that automobile accidents, crimes and suicides all happen more often in that kind of weather."


<http://www.madsci.org/posts/archives/2001-02/982677927.Me.r.html>

Continued on next page. . . →

The best defense for mood changes that bring depression and other down-swings in mood, is to move to areas in which there is a great deal of light at all times. The place where this light can be found is in JESUS—THE LIGHT OF THE WORLD. Jesus is available whenever you need Him.


This Sunday is Easter. Be sure and go to church and worship this Light of The World. He is expecting you.

<b>WEEK AT A GLANCE</b>	Budget Receipts Mar 16	\$ 5,252.50
	Building Fund Mar 16	475.00
	Other Designated Mar 16	514.00
	<b>TOTAL Receipts Mar 16</b>	<b>\$ 6,241.50</b>
	<i>Weekly Budget Requirement</i>	<i>\$ 5,853.00</i>
	Bible Study Attendance Mar 16	69
	<i>Bible Study Enrollment</i>	<i>184</i>
	Preschool Worker Mar 23	Dora Lovern
	Deacon of the Week Mar 23	Roy Gibson 404-767-8409

	<i>Our Goal</i>	\$ 2,500.00
	<b>Given to Date</b>	<b>\$ 1,192.00</b>

**Happy Birthday!**

Corey Brannon	03/23	Kim Harley	03/24
Agnes Standridge	03/24	Hoyt Beck	03/27

	<b>Virginia Weigle</b>
	7290 Lester Road Apt C11
	Christian City
	Union City, GA 30291-5118



## Notes from Tom

### Easter Sunday Schedule:

- Handbell Choir—9:30 a.m.**
- Children's Choir—10:20 a.m.**
- Sanctuary Choir—10:40 a.m.**

Thanks to the Handbell Choir and the Sanctuary Choir for your wonderful contributions to worship for Palm Sunday. We experienced the Triumphal Entry, the Last Supper, and the Crucifixion in wonderful ways.

This week, we celebrate the Resurrection together. We will be led in worship by our Children's Choir, Handbell Choir, and Sanctuary Choir. Join us as we worship together!

Please note that there will be no evening worship service this week.

Sunday, March 30, we will have a 5th Sunday Combined Worship Service at Jefferson Avenue Baptist at 6:00 p.m.. The choir will meet at 5:30 p.m. to rehearse "For God So Loved the World."

<b>Music for Worship—March 23</b>	
<b>Sanctuary Choir</b>	"Lift High the Cross" —arr.; Carl Schalk
	"Sing This Joyful Morning" — Joel Rainey
<b>Handbell Choir</b>	"When Morning Gilds the Skies" —Lloyd Larson
<b>Children's Choir</b>	"Everywhere I Go" —Natalie Sleeth

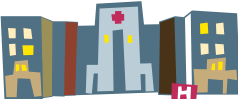
Saturday, March 22  
11:00 a.m.  
Ages: 2 yrs—5th grade




**Fifth Sunday  
Combined Worship**  
March 30, 2008  
6:00 p.m.  
Jefferson Avenue Baptist Church  
(choir meets at 5:30 p.m.)

The church office will be closed Friday, March 21, in observance of **Good Friday**.

There will be **NO AFTERNOON OR EVENING ACTIVITIES** Sunday, March 23. We hope you will enjoy the afternoon of Easter with your friends and family.



**Known to  
Be Hospitalized**

**Margaret Benefield**  
Kindred Hospital & Rehab

**Virginia Weigle**  
Southern Regional



**Springtime!**

*First Day  
of Spring:  
March 20*

Opportunities for Service

**Sunday, March 23**  
*EASTER*

9:45 a.m. Sunday School  
11:00 a.m. \*\*Worship

**Monday, March 24**

6:00 p.m. Cub Scouts

**Wednesday, March 26**

5:00 p.m. Children's Choir (age 3—grade 5)  
6:00 p.m. Prayer Meeting  
6:45 p.m. Sanctuary Choir

**Sunday, March 30**

9:45 a.m. Sunday School  
11:00 a.m. \*\*Worship  
6:00 p.m. 5th Sunday Combined Worship at  
Jefferson Avenue Baptist Church

\*\*(Childcare provided for ages birth - 3 years)

Vol. 49
March 21, 2008
No. 12

**First Baptist Church**

*Office hours: 8:30 a.m.- 4:30 p.m. Monday - Thursday*

Bob cell: 770-826-9133      Tom cell: 404-245-9272

Pastor ..... Bob Wiley  
Minister of Music/Financial Administrator ..... Tom Howard  
Organist ..... Kay McWatters  
Interim Church Secretary ..... Sue Harris  
Building Superintendent ..... Charlie Clark  
[www.hapevillefbc.com](http://www.hapevillefbc.com)

---

**THE WEEKLY WITNESS**  
Pub. #673380, published weekly except the week of Christmas by First Baptist Church, 612 College Street, Hapeville, GA 30354-1716

**POSTMASTER:**  
Send address change to:  
THE WEEKLY WITNESS  
612 COLLEGE STREET  
HAPEVILLE, GEORGIA 30354-1716

Periodical postage paid at Atlanta, GA      Advertising: 0%

